

Team officials meeting

SPRINT

Sunday, 2 October



SPRINT - Time schedule

9:00 - 14:45 **Office opening hours at the competition arena**

10:05 Finish quarantine activated

11:00 Start quarantine opens

12:00 Start (individual start)

13:00 **Last entry into the Start quarantine zone**

13:15 **Finish quarantine ends**

14:45 Prize giving ceremony at competition arena

SPRINT - Logistics

- Distance from Event center to Middle competition arena is 7.0 km by car.
- Dedicated parking area.



SPRINT - Logistics

- Road suggestion by bike - 6 km



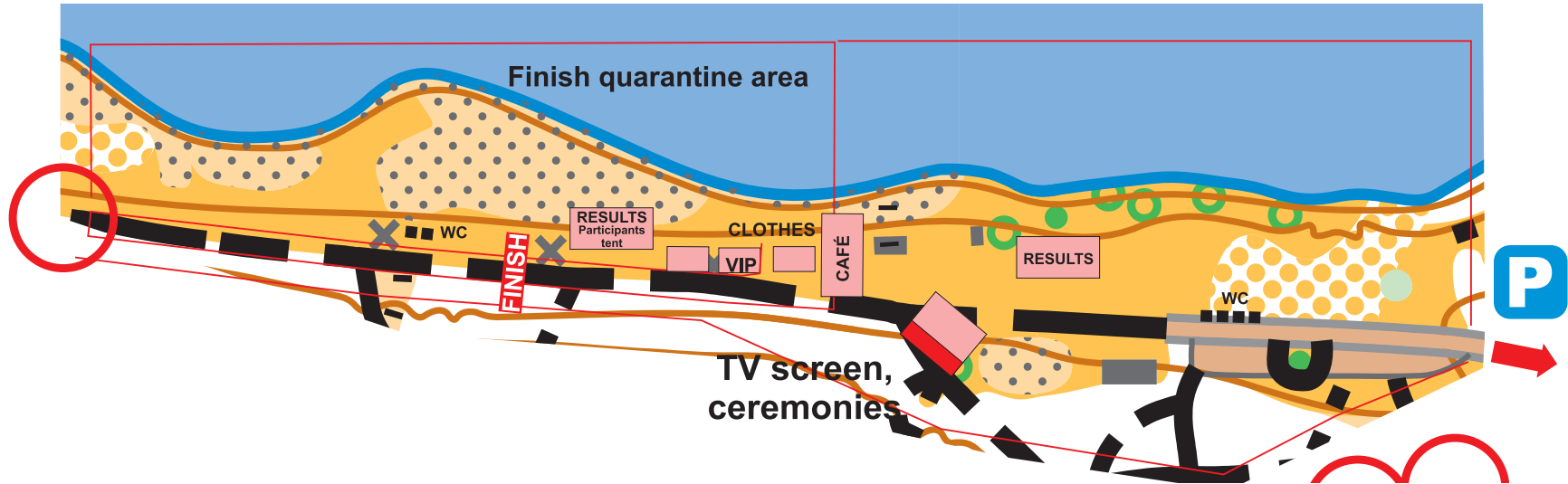
SPRINT - Start arena



SPRINT – Start Quarantine zone

- Quarantine opens – 11:00
- **Last entry to the quarantine zone – 13:00**
- There will be a punching control in entry of a quarantine zone. Quarantine facilities - toilets, tents.
- WarmUp – street (asphalt)
- Start is from the quarantine
- Clothes from start quarantine will be brought to the finish quarantine, marked by competitor's number
- GPS units will be distributed in a quarantine zone. List of athletes, that will be riding with a GPS, will be distributed to the teams with the start lists (**55** units for men and 35 for women).

SPRINT - Finish arena



SPRINT - Finish Quarantine Zone

- Opens 10:05 - Ends - 13:15
- Facilities (within finish quarantine)
 - WC, Showers
 - Dressing tents
 - Clothes from the start
 - Catering (hot food and drinks)
 - Tents with tables and benches
 - Live results, live video and GPS tracking screens
- NO COMMUNICATION EQUIPMENT WITHIN QUARANTINE
- NO COMMUNICATION OVER THE FENCE

Those not fishing the distance should mandatory come to the finish quarantine

SPRINT - Courses, maps

LONG	Length, km (optimal route)	Number of CP	Climb, m	Estimated winning time
WE	8.5	31	80	26
ME	9.6	37	75	24

- Time limit: 60 minutes
- Map scale: 1:7500, contours 2,5 m, waterproof synthetic paper
- Map size: 32 x 23 cm
- Distance to orienteering start - 50 m.

SPRINT – Courses, maps

- For both categories there is a spectator control next to finish quarantine.
- No map exchange.

SPRINT - Terrain

- Terrain form: Mostly gently sloping with some steeper hills.
 - Vegetation: A mixture of open cultivated land, park terrain, urban areas and forested areas (dominating pine wood).
 - Speed: Most tracks are very fast with good rideability
 - Visibility: Mostly good but reduced in some dense areas.
 - Paths&roads: Urban areas and forested areas with very dense network of paths
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- The terrain is city park type with a lot of fast but quite narrow paths also covers some urban territory as well as open areas. The competitors will have to navigate in urban area and marshals will guard some dangerous and bad visibility turns. However riders should take full responsibility of safe riding. As this is a city park and the competition takes part on weekend it's used for recreational purposes – walks, biking, jogging etc. Please take care while riding!

SPRINT - Terrain

- Some smaller paths could be not easy to see
- Forest now is dry, very good rideability
- There will be area of artificial paths cut in the meadow. They are not easy to ride.
- Next to Spectators' control there will be forbidden territory market on the terrain.
- There will be limited sections of two-way traffic
- Traffic will not be closed during the event, so be carefull when crossing streets and paved roads
- Live TV coverage is planned for the sprint event, don't hit the cameraman!

SPRINT - Terrain

- Special signs
 - Stairs:



Forbidden direction:



SPRINT – Start procedure

Start order – top ten competitors in each category by current World Cup standing will start last, in reverse order. All other start times will be allocated randomly

Start interval: 1 minutes

- 3 minutes: Number check and SI clear
 - 2 minutes: SI number check and SI ON
 - 1 minutes: Athlete is allowed to collect the map and move to Start line.
It's competitor's responsibility to take the correct map
 - 0 minutes: Start from stationary position (one foot on the ground)
- After the start the competitor has to follow a mandatory route (marked by red stripes) to the start point marked by a standard CP flag in the terrain.

SPRINT - Finish procedure

- There is contactless punching in the finish. When competitor goes over the finish line, time of the finish will be automatically written and SIAC Air function will be off. Then continue to SI reading.
- PUNCHING SYSTEM
 - Full long range SiAir contactless punching
 - All controls have at least 1.5 m punching radius
 - Successful punch indicated by audible signal and flashing red LED on SiAC chip
 - In case of SiAC failure, mechanical backup punches are on each CP
 - Finish gate has two 3 meter radius beacons, located on each side of the gate.

SPRINT – Miscellaneous

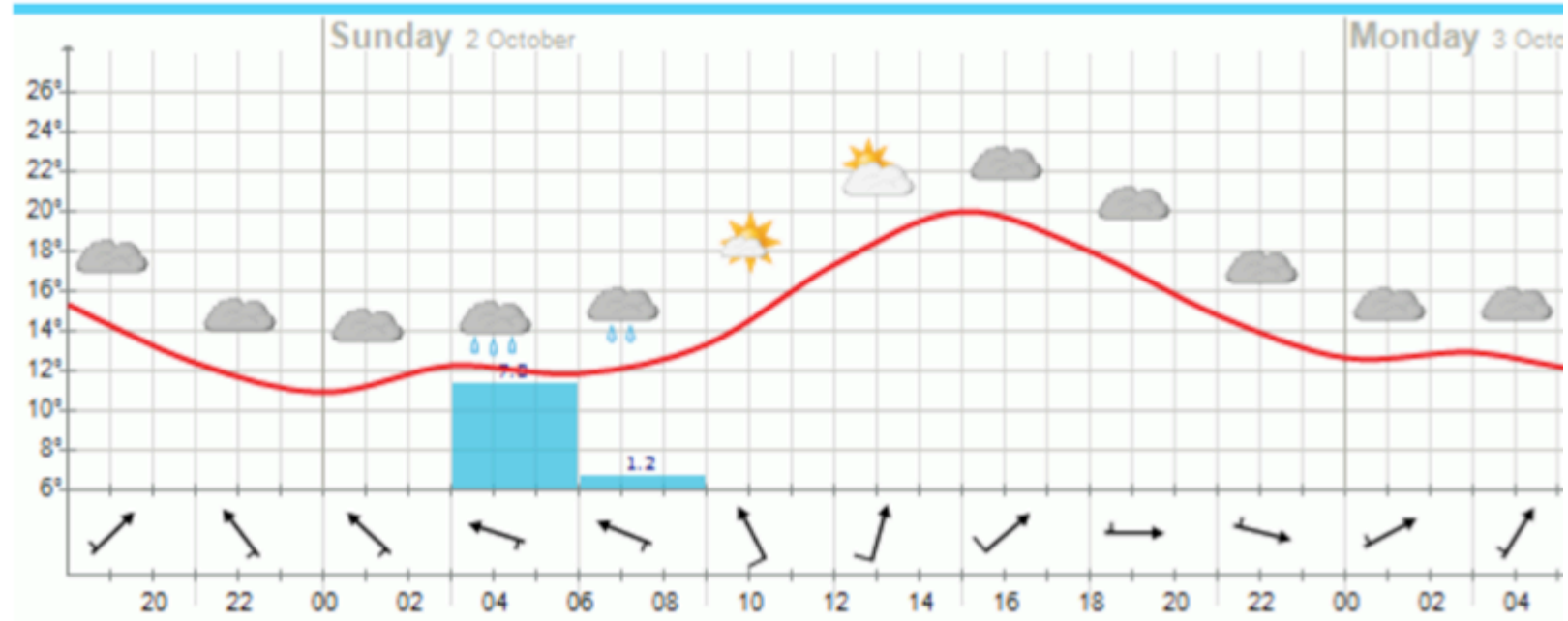
- Starting bibs
 - for each discipline competitors will receive separate start bib, that has to be placed in the front of the bike. No start without start bib allowed.
- Complaints
 - Time limit for complaints is 14:45. Complaints received after this limit will be considered if there are valid exceptional circumstances (described in the complaint). Any complaints shall be made in writing to the organizer – please contact event office at the competition centre.
- Antidoping
 - Call for a doping test may happen at any time.

SPRINT – Miscellaneous

- Bike wash
 - Bike wash will be located close to showers..
- Radio controls
 - 3 radio control points will be located for each class
- Prize giving ceremony
 - Will be organized at the finish arena at 14:45. There will be medals for 3 top competitors and diplomas for 6 top competitors in each category. In line with IOFrules podium finishers are requested to dress in team uniforms.

SPRINT - Weather forecast

Meteogram, next 48 hours



Training camp Vilnius

- Training camp and Vilnius 3-days
- 1 May – 7 May, 2017



THANK YOU!
SEE YOU IN VILNIUS

19-27 August, 2017